

PUT IT TO PRACTICE!

You are the best person to help your child understand and make good choices when it comes to sex. Kids want to hear from their parents!

What Are Your Values?

Do you think abstinence from sexual activity until marriage is important? Why or why not?

What are your hopes and goals for your child? Have you shared them with him/her?

What are your child's goals and dreams? (Ask him/her if you don't know!)

What Are Your Values?

What is something you will do because of the things you've learned? Set some goals about how to talk more often with your teen - include how and when you'll talk to him/her about goals and values.

The two most important things you can share with your children are that you love them and you will always love them.

Why Not Talk?

What is your biggest challenge in talking to you child about sex?

What can you do to overcome it?

What influences do you think play the biggest role in your child's view on healthy relationships?

Look through the links and resources on the Talking2Teens website.

What information do you find that could be useful in helping you start a conversation with your child about healthy relationships and abstinence?

Talk To Your Teen.

What is something you will do because of the things you've learned? Set some goals to talk more often with your teen - include how and when you'll talk to him/her about sex.
